



KALGOORLIE COLLEGE FOOTBALL CLUB TRAINING PLAN

This document in conjunction with the Department of Sport and Recreation COVID Safety Plan document and KCFC Cleaning at training sheet is to be implemented immediately as the KCFC COVID Safety Training Management Plan for all senior and junior teams for the season 2020.

KCFC Committee has referenced the following documents and Legislation

- Federal Government Guidelines and Legislation
- State Government Guidelines and Legislation
- Local Government Guidelines
- FFA COVID Guidelines
- Football West COVID Guidelines
- GSA COVID Guidelines for training

These have been disseminated to the committee and the club coaches to be educated in the clubs' procedure on managing training within all COVID guidelines and Legislation handed down from all forms of Government and Administrators of the game.

All relevant guidelines relating to Football and return to training has been passed through to all members and players via the club social media including the clubs official website and Facebook medial pages for Junior and Seniors to best educate our members and players on their expectations and the clubs responsibilities.

Further to the information contained within the Department of Sport and Recreation COVID Safety Plan the club will implement the following further procedures.

Physical and Social Distancing

- Communicate to participants and guardians the importance of social distancing prior to conducting the first training session. "Get in, train, get out" <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19>
- Participants are not to arrive more than 15 minutes early and must depart straight after training.
- Where possible, parents are to remain in the car during training.
- Markers on the ground where participants are to leave their bag if they bring one to the session. Markers to be 1.5m apart. Water bottles to be left on markers to reduce gatherings.
- Any training activity that includes participants to line up. Cones must be spaced 1.5m apart to identify where to stand.
- Coaches must clearly outline the training area and communicate to players the importance of not crossing over into another zone.
- Communicate to parents the importance of dropping participant off and staying in the car to reduce foot traffic through the training location.

- Ensure usage of toilet facilities is kept to a minimum and aligns with WA Government restrictions and local government regulations.
- Training will be scheduled with a 15-minute break between sessions to allow for a changeover of participants.

Hygiene

- Communicate to participants and guardians the importance of downloading the COVIDSafe App. <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>
- Ensure that all coaches and participants wash their hands pre and post training. <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/good-hygiene-for-coronavirus-covid-19>
- Install signage in bathrooms and common areas outlining the importance of good hygiene. <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/good-hygiene-for-coronavirus-covid-19>
- Communicate to players and guardians the importance of having personal hand sanitiser at training.
- Coach to obtain large hand sanitiser bottle to be able to sanitise any participants without personal hand sanitiser.
- Thoroughly clean all equipment pre and post training with appropriate cleaning equipment. https://ww2.health.wa.gov.au/~/_media/Files/Corporate/general%20documents/Infectious%20diseases/PDF/Coronavirus/COVID19-Environmental-Cleaning-for-workplaces.pdf
- Obtain enough equipment to reduce the amount of shared equipment to just footballs.
- Fixed nets, pop up goals, agility posts and training bibs will not be permitted to be used until further.
- Communicate to participants and guardians that if they are feeling unwell, they must stay at home and not participate in football activity.
- Allocate an isolation area at training facilities so that if a participant begins to feel unwell, they can be isolated away from other participants.

Staff Training and Education

- KCFC committee and coaches will undertake COVID-19 Infection Control training at <http://www.covid-19training.gov.au/>
- Records of staff and coaches COVID-19 training will be maintained by KCFC.
- All staff and coaches encouraged to download the COVIDSafe app and ensure it is active.
- Coaches and all other relevant stakeholders will be provided with a copy of the State Government and Football West guidelines. This will include any additional protocols to be adhered to at this location.

Response Planning

- A hard copy list of all program session attendees will be kept at each session and forwarded to the GSA Friday each week.
- If you are aware that someone with a case of COVID-19 has attended a session call the COVID-19 Public Hotline 24/7 on 1800 020 080 and follow the advice of health officials.
- Where a person attending is displaying COVID-like symptoms or shares information (e.g. they have been in close contact with someone that has the virus) that causes you to have reasonable concerns about their health and the health of others attending then:
 - Keep others away from the person

- Seek advice and assess the risks
- Ensure the person has safe transport home or to a medical facility if necessary
- Close the affected areas until they have been cleaned and disinfected
- Assist public health to identify close contacts in attendance
- Review risk assessment
- Procedures before deep cleaning will include:
 - Following the KCFC cleaning at training sheet guidelines.
 - Closing off all affected areas to the general public.
 - Ensuring all cleaning personnel are equipped with appropriate Personal protective equipment (PPE). This includes disposable gloves and safety eyewear to protect against chemical splashes. If there is visible contamination with respiratory secretions or other body fluids in the area, the cleaning staff should also wear a disposable apron.
 - Cleaning personnel will also wash their hands using soap and water for at least 20 seconds, or where this is not possible, hand sanitiser of with at least 60% ethanol or 70% isopropanol as the active ingredient before putting on and after removing PPE
- Procedures during deep cleaning will include:
 - Following the KCFC cleaning at training sheet guidelines.
 - A physical clean using detergent and water. Cleaning solutions should be made fresh each wash.
 - Physical cleaning will consist of a combined detergent and water solution and be in accordance with the GSA Return to training guidelines approved substances.
- Procedures following deep cleaning will include:
 - Placing disposable cloths, PPE and covers inside a plastic rubbish bag, placing that inside another rubbish bag (double-bagging) and disposing of that bag in general waste.
 - Cleaning equipment including cloths will be laundered using hot water and completely dried before re-use. Cleaning equipment such as buckets will be emptied and cleaned with a new batch of disinfectant and allowed to dry completely before re-use.
 - This deep cleaning and disinfection process must take place before anyone can return to the infected area.

This plan is intended to educate and give clear direction to the clubs' members and coaches who will run training sessions at Usher Park East. Any further questions can be directed to the following persons who will be responsible for COVID Management

- President -Stuart Fleming 0417 958 415
- Senior Vice President- Andrew Reilly 0408 797 862
- Junior Vice President – Bodean Buckingham 0424 750 534

Or direct to the clubs email address at kalgoorliecollegfc@hotmail.com



Andrew Reilly
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